

Well, last month provided plenty of blustery days to sweep the cobwebs away, and some! We can only hope that the slightly longer days in February come with a little less drama.

The house is somewhat quieter now that the two 'oldies' have gone off in the search of warm sunshine, leaving us in charge. Mum's the word this month puts the task very much into perspective!

Traditionally, February is the month for love, romance and perhaps poetry? To wine and dine your valentine (or friend but it doesn't rhyme) locally, see Maralyn's contribution. And for poetry, please welcome our new contributor, The Hedge Fairy.

If you would like to see your items published in the next edition, please send them in by midday on the 20th to clawtonclarion@gmail.com. Views expressed by our contributors are their own, and not those of the Parish Council. Alison

Event	Time	Date	Place
Women on Wednesday	7:30pm	Wednesday 5th February	Clawton Parish Hall
United Service with Rev Paul Fitzpatrick	11:00am	Sunday 9th February	St Leonard's Church
Whist	7:30pm	Wednesday 12th February	Clawton Parish Hall
Coffee Morning	10:30—12:00	Friday 14th February	Clawton Parish Hall
Railway Club	7:00pm	Friday 14th February	Clawton Parish Hall
Valentine/Friendship Lunch	12:30pm	Sunday 16th February	Clawton Parish Hall
Craft/Plant Fair	10:00 - 1:00pm	Sunday 23rd February	Clawton Parish Hall
Café Church with Lorna Bowden	11:00am	Sunday 23rd February	St Leonard's Church
Wine and Wisdom	6:30pm (doors open)	Friday 28th February	Clawton Village Hall

# HOLSWORTHY WALK AND TALK BY GILLIAN ASTON



Firstly, a very belated Thank You to the volunteers at the Youth Centre who so generously hosted our Monday Walk Christmas Bring and Share lunch. We had a very festive morning with much food and laughter. It's good now to get back to our weekly walks again.

Our new programme started on the 10<sup>th</sup> January and walks have been very well attended throughout. We have our Group Lunch on the 7<sup>th</sup> February 2025 when we will not be walking. In times past we had used to have lunch after the walk but, having had some wet walks, it was decided that steaming in soggy clothes wasn't too conducive to enjoyment or digestion!

At this time of year gym subscriptions generally have a boost, which is good, but variety is the key to overall fitness. Working different muscles or the same muscles in a different way can be beneficial and enjoyable. Walking in a group and 'walking and talking' can take the mind away from the more physical element. When stopping to 'admire the scenery' and take a breather it can be a surprise to look back and see how much ground you have covered adding a sense of achievement.

If you would like to join us, we walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE.** Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date infmation, together with our current programme of walks, details below.

Contacts:

holsworthywalkandtalk@gmail.com

https://holsworthywalkandtalk.co.uk

Gillian Aston 07584677784







### THE HEDGE FAIRY

The sun is still reluctant to show the path is less squelchy today Time it is for a walk to go Not wellies, boots weather, I'd say

Wrapped up warm, in case of Chill winds equipped with a fully charged phone I head off on my exercise walk up the hill At least it's downhill on the way home.

Near the top of the path I paused for a break to take in the views and feel revived Amongst the brambles some sparkles of white The first snowdrops of spring have arrived





Women		
on		
Wednesday		
The next meeting is in Clawton Village Hall		
Wednesday		
5th February 2025		
At 7.30 p.m.		
This will be		
A Workshop to		
Paint Pottery		
With Rosie Parsons		
From Parsons Pottery		
Visitors welcome.		

#### PARISH COUNCIL NEWS

#### **Emergency Plan**

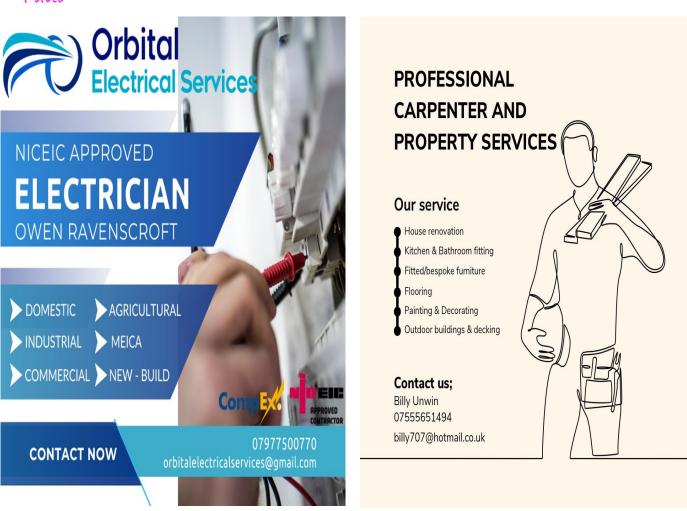
With more bad weather forecast at the time of writing, this is a reminder that we do have an emergency plan (see website www.clawton.org.uk) which includes how to get hold of our emergency contacts (any Parish Councillor) as well as emergency numbers for organisations you might need to find. For example, if part or all of the village loses electricity, we can arrange help for those who may have no alternative heating or lighting and have nowhere else to go to keep warm.

The Parish Council (in spite of having the responsibility for emergency support) does not have access to the Electoral Roll or any means of knowing about residents who may be vulnerable. It's probable that relatives and neighbours between them may be able to support any such residents, but please don't be afraid to ask any Parish Councillor for help.

For anyone who may not have access to the website, our contact details are as follows:

Paul Grafton: Higher Sellick, EX22 6PS Alison Sharp: Old South Beer, EX22 6PF Nigel Stacey: Higher North Beer, EX22 6PQ Roger Mitchell: Petersgate, EX22 6PE Maralyn Bailey: Hilcot, Horslett Hill, EX22 6RS Graham Hames: Hillesley, EX22 6PS Iain Nunn: Larnaca, EX22 6PE Mob: 07794 913757, (h) 01409 271456 Telephone: 01409 259424 Telephone: 01409 211467 Telephone: 01409 253679 Telephone: 01409 271315 Telephone 07443 620670 Telephone: 07703 855624

#### Paul



## **CLAWTON PARISH HALL**

Firstly we, the committee extend our good wishes for the coming year, and thank you for your continued support. We have three events lined up for February: our Valentine/ friendship Sunday lunch will be held on February 16th, 12.30 for 1pm. We are limited seating so can therefore cater for up to 60 people. We will offer a three course meal for £16. It has proved a very popular venue for many people, so do book as soon as possible. (271315).

Sunday 23rd will be the start of the 2025 calendar for the craft/food days, 10am to 1pm. This is a chance to have a coffee, chat and a browse in a relaxed atmosphere.

Our February quiz is to be held on Friday 28th, with Ian as our QM. Once again, please book on 271315.

The Royal British Legion's poppy appeal in Clawton amounted to £107.25.

To commemorate VE day in May we intend holding an afternoon tea. We are looking for any WW2 artifacts that we could use in a display section. If you have anything suitable please contact a committee member.

Maralyn

#### **ST LEONARDS CHURCH**

Please see the events section on the front page for details of this month's services.

### **Church Contacts**

Rector: Revd. Dr. Paul Fitzpatrick 01409 254 667 vicar-rubycountry@outlook.com
Baptism, Wedding or Funerals: rubycountry.beneficeadmin@btinternet.com
Joint Churchwardens: Irene Ellis – 01409 254572, Lorna Bowden – 01409 271384
Secretary/Treasurer - Paul Grafton - 01409 271456 paul@devonholidays.org

## MUM'S THE WORD

Our animals are a huge part of the family and have become our children except ......

When the children or grandchildren were under the weather there'd be a bed made up on the sofa and at the slightest chance that they were about to lose the contents of their stomach, would have me sitting holding on to them and caressing their hair and stroking their forehead accompanied by a soothing and comforting dialogue.

So why is it that the terrifying sound of one of our pets about to be ill, makes me charge at them at a speed of knots, scoop them up and chuck them out into the garden closing the door swiftly behind them?



Can't just be me!





## EVELYN'S WALK

Confirming that there wasn't a walk in January so the next one will be the first one of 2025.

We will set off at 10am from Devon Wildlife Trust Nature Reserve (Dunsdon Nature Reserve) in Pancrasweek on Monday 10th February.

You are very welcome to contact me if you need directions or would like any information about the route.

I'll look forward to walking with anyone who would like to join me on any of the walks that I have planned for this year. They are on the second Monday of the month starting at 10am.

The meeting points are announced in the Parish magazine each month.

#### Evelyn

Tel: 01409 259 848

Email: evelyn.sharman@btinternet.com



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